

# SHIFTING PERSPECTIVE FOR PHENOMENAL REWARDS

The truth is that when you have done everything you know how to do and your career, finances, marriage, etc. isn't working; you have to start over from scratch.

Maybe the old way of doing things works for your friends or colleagues, but judging from your results and where you are (rock bottom) the old way, or normal way, just didn't give you the success you desire. Some people may, and more than likely will, try to convince you that hitting rock bottom is a bad thing. They may even feel sorry for you. Don't let them. Shift your perspective and realize the fabulous opportunities you now have. You now know what doesn't work. You won't try doing those things again.

Today, you can start something new, something that has unlimited potential!

Shifting your perspective about rock bottom takes a shift in your thinking. Think about the words 'rock bottom'. Rock is a solid word. Things that are strong and tough are described as 'rock solid.' Even the Bible describes houses that will never be destroyed as being built on rock. So, if you have hit rock bottom, it's a pretty solid place to be. It's actually a great springboard for the rest of your life. Claim and believe hard tasks are easy and they will become easier and be accomplished more quickly. — Mark Victor Hansen

Mark Victor Hansen is the co-author of the wildly successful *Chicken Soup For The Soul* series of books. For over 30 years, Mark Victor Hansen has focused solely on helping people in all walks of life reshape their personal vision of what's possible for themselves.

Visit the [Mark Victor Hansen website](#).